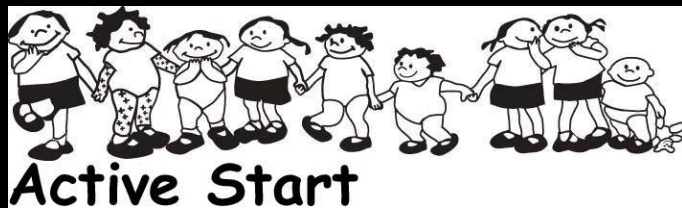


GYMNASTICS FOUNDATIONS

(Part 3)

"Active Start"



Course Dates: SATURDAY DECEMBER 4,

Schedule: 9:00 am – 6:00 pm

Learning Facilitator: Kelly Wills & Terri Bateman

Location: Calgary Gymnastics Centre
179 Olympic Road SW
Calgary, AB
Ph: 403.242.1171

Fees:

- \$95 Member Fee
- \$125 Non-Member



To register:

Please register online at www.abgym.ab.ca

MAIL:

Alberta Gymnastics Federation
#207 5800 2nd St SW
Calgary, AB T2H 0H2

FAX:

(403) 259-5588

EMAIL:

hsjostrom@abgym.ab.ca

REGISTRATION DEADLINE NOVEMBER 15, 2010

Pre-requisites:

1) Individuals registering for this course must have completed the Gymnastics Foundations Introductory Course (Part 1) and workbook. The completed workbook must be presented to the Learning Facilitator at the commencing of the course.

OR

2) Individuals who have **only** completed Part A theory (old Level 1 Theory) and need to take the Technical component in gymnastics may attend the **Part 3-Sport Specific course** providing that they have previously completed the **Part 1-Foundations Technical Intro Course prior to this course**. These individuals will also be required to complete the Foundations workbook. Those who haven't complete the Foundations Technical Intro course and/or with an incomplete/absent workbook will not be permitted into Part 3.

OR

3) Individuals who are already Level 1 Certified in Artistic or Rhythmic Gymnastics may attend this course (part 3) to become Certified in Trampoline Gymnastics. However, you must provide proof of certification for your Level 1 to AGF upon registration and you will need to complete the Foundations Workbook before the commencing of this course.

- To obtain a copy of the workbook, please contact Gina Peake (by phone: 1800-665-1010/ 403-212-5727, by email at hsjostrom@abgym.ab.ca) to receive a copy of the workbook.

Those with an incomplete/absent workbook will not be permitted into Part 2 and/or Part 3. No refunds will be issued!