



EVENT INFORMATION

Alberta Men's National I & II P3 Testing

- HOST:** University of Calgary Gymnastics Club
- EVENT LOCATION:** University of Calgary Gymnastics Club
2500 University Drive NW
Calgary, Alberta
Tel (403) 220-5559
- DATE:** Sunday June 13 at 12:00pm
- CONTACT:** Tony Smith **Ph.** 403-220-5559
Janey McPhalen **Ph.** 403-212-5728
- ELIGIBILITY:** **National I:** All male AGF registered Level 4, Youth and Argo
National II: All male AGF registered Open and Tyro
- TESTING CRITERIA:** Please refer to the Physical Preparation Manual and the attached documentation.
- ENTRY FEE:** \$60.00 per athlete



REGISTRATIONS DEADLINE:

FRIDAY, JUNE 4th, 2010

SCHEDULE

Sunday June 13, 2010
National I & II P3 Testing

12:00 pm – 12:30 pm

1st

2nd

3rd

Warm-Up

P3 Skills

P3 Strength

P3 Flexibility

Please note: All Alberta National & High Performance Stream athletes will be required to attend at least ONE P3 session in the 2009-10 season if they wish to become eligible for provincial ranking within the current competitive season.



Alberta Gymnastics Federation

National I & II P3 Testing
 Sunday, June 13th, 2010
 University of Calgary Gymnastics Club
 Calgary, Alberta



Club Name: _____ Address: _____

Club Contact: _____ Phone: _____

Entry Fees: # of athletes _____ @ \$60.00 each = \$ _____ TOTAL = \$ _____

Entry Deadline: FRIDAY, JUNE 4th, 2010

***All registration forms must be complete and include full payment.**

For entries received by fax, payment must be received by the registration deadline or late fees of \$20.00 per person will apply.

***Registrations will not be accepted after the stated deadline.**

Please place the BIRTH YEAR of each athlete in the respective category.

<i>Name of Athlete (s)</i>	Level 4 <i>Date of Birth</i>	Youth <i>Date of Birth</i>	Open <i>Date of Birth</i>	Argo <i>Date of Birth</i>	Tyro <i>Date of Birth</i>

Coaches Attending

Return completed form to: Alberta Gymnastics Federation
 #207, 5800-2nd Street SW
 Calgary, Alberta T2H 0H2
 E-mail: jmcp halen@abgym.ab.ca

