

Gymfest 2010 Rehearsal Schedule

May 15, 2010

Royal Glenora – “That’s not my name”	8:45 am – 9:00am
----- BREAK -----	9:00 am – 9:15 am
----- BREAK -----	9:15 am – 9:30 am
----- BREAK -----	9:30 am – 9:45 am
Ortona Group 1 – “Catch a Wave”	9:45 am – 10:00 am
Stampede City Gymnastics Club - “Sleep Swimming”	10:00 am – 10:15 am
Ortona Group 2 - “Electro Beach”	10:15 am – 10:30 am
Phoenix – “Walkin’ on Sunshine”	10:30 am – 10:45 am
Alpha Rhythmics - “Alpha Rose”	10:45 am – 11:00 am
Elena’s Rhythmic Gymnastics – “Scorcio”	11:00 am – 11:15 am
Salto Gymnastics Club – “Summer Scrapbook”	11:15 am – 11:30 am
NEGC – “Retro Beach Mix”	11:30 am – 11:45 am
LUNCH	11:45 am – 12:00 pm
LUNCH	12:00 pm – 12:15 pm
LUNCH	12:15 pm – 12:30 pm
LUNCH	12:30 pm – 12:45 pm
Gymtastics – “Lilo & Stitch”	12:45 pm – 1:00 pm
Champions – “Life is a Highway”	1:00 pm – 1:15 pm
U of L – “Itsy Bitsy Teenie Weenie Yellow...”	1:15 pm – 1:30 pm
----- BREAK -----	1:30 pm – 1:45 pm
Splitz – “Surf Mix”	1:45 pm – 2:00 pm
La Crete - “Jaws”	2:00 pm – 2:15 pm
----- BREAK -----	2:15 pm – 2:30 pm
Red Deer Group 2 – “Surfin’ USA” (Natasha)	2:30 pm – 2:45 pm
----- BREAK -----	2:45 pm – 3:00 pm
Red Deer Group 1 – “Numba 1” (Alix)	3:00 pm – 3:15 pm
----- BREAK -----	3:15 pm – 3:30 pm
Altadore Group 1 – “James Bond/Higher Ground”	3:30 pm – 3:45 pm
Altadore Group 2 - “Space Jam”	3:45 pm – 4:00 pm
PREP for Mass Routine	4:00pm – 4:15pm
PREP for Mass Routine	4:15 pm – 4:30 pm