



ALBERTA GYMNASTICS FEDERATION MEN'S TECHNICAL ASSEMBLY MEETING

Friday January 23, 2015
8:20 pm – 9:50 pm
CCGC
Edmonton, AB

MINUTES

Attendance:

Jason Woodnick	Men's Technical Chair (UofC)
Travis Oxley	Gymtastics (Gym)
Liang Cheng	Capital City Gymnastics Club (CCGC)
Bryan Powell	Capital City Gymnastics Club (CCGC)
Kelly Mock	Canmore Illusions Gym Club (CIGC)
Sean Ehman	Altadore Gymnastics Club (AGC)
Scott Rayment	Calgary Gym Club (CGC)
Jian Shen	Calgary Gym Club (CGC)
Merle Pyke	Westwind Gym Club (WW)
Jie Wang	Exelta Gymnastics Club (Exelta)
Kelly Baird	Dynamyx Gymnastics (DYN)
David Sykes	Salto Gymnastics Club (SGC)
Derek Hanson	Men's Program Coordinator, Alberta Gymnastics Federation (AGF)

Absent

Jamie Ellacott	Judging Chair
Randy McMullen	Salta Gym Club (SGC)/Provincial Stream Representative

1.0 Call to Order

The meeting was called to order by D. Hanson at 8:20 pm

1.1 Official Welcomes and Introductions

1.2 Approval of Agenda

WW/SGC

MOTION: "To approve the agenda with additions."

ACCEPTED

1.3 Approval of Minutes of the last Annual Meeting, Sunday, October 19, 2014.

CIGC/CCGC

MOTION: "To approve the minutes from the Sunday, October 19, 2014 meeting."

ACCEPTED

2. Report

- 2.1 Report from Men's Technical Chair – J. Woodnick
See attached Written Report
- 2.2 Report from Judging Representative – J. Ellacott
See attached Written Report
- 2.3 Report from Provincial Stream Representative – R. McMullen
See attached Written Report

- 3. Business Arising from Previous Meeting
All action items were completed or are in the process of being completed

4. New Business

- 4.1 Updated Dates for Canadians
Please note that the dates for 2015 Canadians are May 26-31 in Gatineau, QC
- 4.2 GCG Update (Tony Smith, National Team Director)
T. Smith was not in attendance.

- 4.3 Provincials 2015
The 2015 Alberta Gymnastics Championships will be held at the Lethbridge College (not University) on April 17-18, 2015. Planning is well underway

- 4.4 Handbook Update
The 2015 Handbook has been circulated to all MAG Competitive Clubs and is also available on the AGF Webpage.

Discussion took place regarding that a total rehaul of the MAG Handbook is due. David Sykes is interested in leading this task for next year's handbook

- 4.5 Judging Representative and Judging Course Update
Jamie Ellacott has moved to Newfoundland. He still plans on fulfilling his duties as Judging Chair remotely.

J. Ellacott has indicated that he is planning on hosting an online/webinar style judging course. Dates and details to be announced shortly

ACTION: D. Hanson to contact M. Heiderich to assist J. Ellacott.

- 4.6 Alberta Trials /Invitational Fee's
Clarification is needed in the handbook in regards to the cost of an AGF Trial vs Invitational. For the 2015-2016 handbook the following will be inserted under 3.5 Meet Entry Fees
 - When AGF utilizes Scores for ranking purposes (ie Alberta Team Qualification) from an Invitational event (ie GymPower, UCIC) the registration fee will be determined by the host club based on their expenses etc.

- When AGF needs to host a separate Trial the registration fee will \$75.00.

4.7 Coach Mentorship Program

The Men’s Program has received official applications from Ante Mcic from Spruce Grove Aerials and David Sykes to apply to be a Master Coach.

WW/CCGC

MOTION: “To approve A. Mcic and D. Sykes into the Coach Mentorship Program.”

ACCEPTED

4.8 Physio at Canadians

The MTA supported having a MAG physio at Canadians again

ACTION: S. Rayment to contact S. Resta (last year’s physio) to enquire if he is again interested in the position.

4.9 CWG 2015 Update

The U of C Gym Club hosted the final trial on Saturday December 13, 2014. The team as selected was Kieran Fagan (CCGC), Teagan Marsden (CCGC), Findlay McCormick (Exelta), Noah Stretch (U of C), Sean Mickelson (U of C), Brad Earl (U of C) and the alternate is Conner Trepanier (Exelta). The Coaches are Jason Woodnick and Bryan Powell.

The team attended a Team Alberta kickoff event in Sherwood Park on Saturday January 17, then a training camp on Sunday January 18 at CCGC.

The team departs for Prince George, BC on February 12, 2015.

4.10 Westerns 2015 and Canadians 2015

D. Hanson explained that since Westerns are in Okotoks, travel will be the responsibility and expense of the club, it will be the clubs responsibility to ensure that all of their athletes arrive on site by the appointed time to be determined at a later date.

The Alberta Team training camp will be in Okotoks on the competitive equipment on Wednesday, April 29, 2015. A specific time will be announced at a later date.

PLEASE NOTE THAT (AS PER THE WESTERNS TECHNICAL REGULATIONS) A COACH NEEDS TO BE LEVEL 2 CERTIFIED TO BE NAMED AN ALBERTA TEAM COACH TO WESTERNS. THE CONTRADICTION ON PAGE 22 – 5.3.2 (it states Level 2 in one line and Level 3 in another) IN THE ALBERTA HANDBOOK WILL BE CORRECTED.

The 2015 Canadian Championships will be in Gatineau, Quebec from May 26-31, 2015. As in the past, AGF will book all flights through Boulevard Travel.

Accommodations at the 2015 Canadian Championships will NOT be in a residence but will be in hotels. Hotel and meals will be the same as we do Westerns.

4.11 NCCP/Police Checks and Intervention Checks

- Reminder to make sure all coaches possess their proper NCCP certifications in order to be on the floor at AGF sanctioned events.
- The following is the Policy regarding Police and Intervention Checks
 - 21.3.1 This policy will be effective for 2015 and beyond:
 - a) By March 1, 2015 all AGF appointed coaches and volunteers who plan on holding positions with provincial teams for the current year must have submitted to the AGF office a document that proves that the coach or volunteer has applied for a current PRC and IRC. The completed PRC and IRC must be received by the AGF office prior to the event/competition registration deadline.
 - b) At its sole discretion and on a one-time basis, AGF may identify as designated categories certain volunteer positions at major events hosted by AGF, and may request PRCs and IRCs from such volunteers.
 - 21.3.2 PRCs and IRCs are valid for a period of **3 years** from the date of the completed PRC and IRC. Notwithstanding this, AGF may at any time request that an individual in a designated category provide an updated PRC/IRC if AGF has grounds to believe that the results of the PRC/IRC obtained previously are no longer accurate.
 - 21.3.3 For coaches and volunteers who submitted a valid PRC and IRC in 2014, the provisions of paragraph 21.3.2 will apply such that a new PRC and IRC will not be required until 2017 unless requested by the AGF in accordance with that paragraph.

4.12 AGF Budget

As always if anyone is interested in the AGF MAG budget please contact Derek Hanson to set up a meeting.

4.13 Addition # 1 – AGF Staff Update

D. Hanson provided an update on the recent hires at AGF

4.14 Addition # 2 – Minimum Scores to attend Canadians

Discussion occurred regarding minimum scores to attend Westerns and Canadians. As no minimum scores have been circulated from GCG, this will be addressed in the future

5.0 Adjournment

Next MTA Meeting: Sunday March 29,2015 at approximately 4:30 PM following the Level 4 Competition in conjunction with 2ndTrials/UCIC in Calgary



MAG	Chair Report
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FROM: Jason Woodnick

DATE: January 4, 2015

SUCSESSES (RESULTS/EVENTS/RECOGNITION)

- Tokyo Cup
 - Jackson Payne 3rd on High Bar
- 2015 Canada Winter Games Team named from trials held December 13:
 - Teagan Marsden CCGC
 - Kieran Fagan CCGC
 - Brad Earl UofC
 - Noah Stretch UofC
 - Sean Mickelson UofC
 - Findlay McCormick Exelta
- Provincial Level Camp held at Salta Gymnastics
- High Performance Camp held at CGC

ISSUES FOR THE BOARD (FINANCIAL/PROGRAM/ETC.)

- None at this time

Upcoming Events

- Macho Meet at Westwinds Gymnastics January 11
- Gym Power Invitational at CCGC January 24-25
- Elite Canada January 30-February 1

Other News

- MTA Meeting to take place in conjunction with Gym Power competition.

Judges Report for MTA Friday January 23, 2015

Judges seem to be slow to respond to emails. For many of them I have to send 3 or 4 emails before I get a response.

I apologize for getting behind on my emails the past few weeks. I am still without internet at home.

We may struggle to find judges for provincials to judge the seniors. Most of our judges that can do D scores also compete.

All entry level judges were asked a few months ago whether they would be interested in upgrading to regional level this year and there was only one person interested. It didn't make sense to run a course for one person. This is why there was no regional level course this year.

The online entry level course is in the works. I had to put it on hold because of moving to Newfoundland. I want to run the first course on Saturday Feb 14, with the test portion a week later on the 21st. Second course to run Feb 28 with test on Mar 7.

Thanks

Jamie Ellacott

January 2015

Alberta Men's Provincial Representative

Report

2014 Alberta Men's Provincial Camp Evaluation

(Randy McMullen - Prov. Rep., Bryan Powell - CCGC Host, Bobby Kriangkum – Guest Speaker

Athletes registered 83 Athletes present 80

Need to discuss and accept host facility for 2015 Fall(November) MAG Provincial Camp(southern Alberta- Canmore, Lethbridge, Calgary) at 2015 Provincial Championships to be able to get registration package sent out earlier to clubs and receive registration from clubs earlier to be able to give clubs minimum 3 weeks notice of any changes that need to be made so that families get advanced notice of any changes to schedule(If any).

Saturday Afternoon/Evening – First session: Four hour session

Saturday Evening or Sunday Morning – Second session: Four hour session

Due to the large number of athletes per session it would not work to do one event at a time which was discussed at Re-boot meeting. I changed the schedule to have 3 events to make camp athlete numbers(40 plus) work more effectively. This worked well since we had between 13 – 15 athletes per group with one event coach and 3-4 coaches helping per event.

Facility: Plenty of space & equipment. Lack of matting for drills but due to space and equipment easy to adjust. We all agreed that future club facilities must have plenty of space & equipment to handle 40 plus athletes per session.

Event coaches: Were prepared and taught what was required and more. Event coaches were asked to wear AGF clothing which looked great but wearing a AGF jacket gets warm very quickly when coaching. **It would be nice for event coaches to have AGF T-shirts while working at AGF sanctioned Alberta Men's Training Camps. Looks more professional to parents.**

Schedule: We all agree with our Men's Program Co-ordinator that the 2015 tentative schedule will have to change to have Provincial Level 1 boys in one session and Provincial Level 2 - 4 boys in one session.

I suggest for future Provincial Men's Camps that we allow for more time(30 more minutes – 4 hr session) for 8 quick P3 Physical Tests and Provincial Pathways Flexibility & Strength A Test for Level 3 – 4 athletes. **This is part of the rules and regulations for Provincial 4 athletes.** We were not able to complete strength testing for Level 1 and 2 athletes which was fine since flexibility is the most important of the two physical tests with Provincial age athletes. **If this is accepted then I would also suggest increasing the AGF registration fee to \$60 to help with the cost to pay Physical Testing coaches since Physical Testing entry fees in the past have been \$50 or more dollars.**

Guest Speaker: Bobby Kriangkum was amazing as he presented how to become a great gymnast to all athletes and was asked many questions from athletes/coaches. **At this camp Bryan suggested having all the Level 1 - 4 boys during the 4:00 – 4:30 pm time which worked great since Guest Speaker only has to be there once for all athletes. Hopefully we can do this with future camps.**

One thing that I forgot to bring up at our evaluation meeting was discipline of athletes that our not following along with group. Need to go over 3 strike rules at beginning of each session: 1st warning, 2nd Sit out and talk to childs club coach if possible, 3rd Sent home with parents.

Costs/expenses of Camp:

It was agreed between AGF Men's Program Co-ordinator and Alberta Men's Provincial Representative to spend money on recyclable water bottles, Granula bars for athletes and coaches. Vegetable and Fruit trays, Tim Hortons Coffee & Timbits. Candy Canes were purchased for athletes and some gum/toys for prizes. A gift card and a Thank you card for Guest Speaker. Five Starbucks gift cards for Physical Testing coaches. All but Tim Hortons were purchased at SuperStore. The water bottles were great since Capital City's drinking fountain was not working. Many kids enjoyed the granula bars and candy canes. The coaches were pleased with the vegetable & fruit trays to go with the Tim Hortons or water bottle.

Overall the camp was a great success even with many changes at the last minute to make things work. I would like to thank again the Capital City Gymnastics Centre for allowing us the use of their fantastic facility.

Go Alberta Go!!!

Sincerely,

Randy McMullen

Alberta Men's Provincial Representative