



**Meeting Minutes**  
**Alberta Gymnastics Federation**  
**Recreation Development Committee Meeting**

**January 19, 2015**

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**1. Call to Order- 1:35pm**

**1.1. Approval of Agenda- K Bonnell/ A Wills**

**1.2. Approval of Minutes- K Bonnell / K Wills**

**1.3. Additions**

**2. Business Arising**

**2.1. Budget Update- H Sjostrom went through each budget category and discussed the expenses and income for each one. There were no questions or concerns from the RDC members.**

**2.2. Strategic Plan – Canmore planning meeting, JO update**

- **K Wills gave a brief overview of the weekend. AGF staff provided a report regarding their specific areas and a review of the 5 pillars of the strategic plan.**
- **Discussion regarding AB adopting USGA J.O. program was presented. Identified that RDC will need to assist in the transition and implantation of program as the first 3 levels are considered advanced Rec.**
- **K Bonnell shared that CGC used the programs compulsory routines for in house interclub. Participants signed up specifically for interclub program.**
- **K Beresnak mentioned that Glemore Gymnastics attended a clinic with an indepth review of the levels, routines and program. Glenmore will not be implementing the first 3 levels. It will focus on 4 -10 with P1 being the equivalent to Level 4.**
- **Is there a CanGym type program in the the US and if so how are they marrying the two programs.**
- **H Sjostrom let the RDC know that AGF would be willing to split the cost of the program as all gyms will require at least one copy. H Sjostrom will confirm this once S Hayes has returned from meetings in Ottawa.**
- **H Sjostrom to distribute the Gymeats program that Gym Sask uses, which integrates J.O into interclub.**

**2.3. Rec Tech Tips- review of when each RDC member is to post. Try to post as much as possible.**

**2.4. Special Needs – H Sjostrom will set up subcommittee meeting soon.**

- **K Wills mentioned that a training session will occur for Special "O" rhythmic and Gymniks will be sending a new coach interested in the program.**
- **K Bonnell mentioned new hire has interest in developing programming.**
- **H Sjostrom has requested that new coaches be put in contact with her so that they could be included in further discussions regarding special needs for AGF.**
- **K Wills reminded the group of potential opportunity to have member of subcommittee attend V Symmingtons' facility in B.C.**

## **2.5. CanJump**

**2.5.1. Saskatchewan Pilot- L Houston went to Saskatoon. Coaches from two local clubs were in attendance. Positive feedback regarding the program delivery.**

- **H Sjostrom and K Bonnell to follow up regarding most recent version distributed to all pilot clubs.**

**2.5.2. Manual- H Sjostrom pleased to report an electronic version was found. Review of this document will occur soon.**

## **2.6. Gymfest 2015**

**2.6.1. Work back responsibilities- R McDougall and H Sjostrom will review and redistribute updated version.**

**2.6.2. Workshop ideas- R McDougall and H Sjostrom have ideas; just waiting for responses and finalize details.**

- **A Wills has confirmed for skipping workshop.**

**2.7. Rec Retreat- Banff Centre contract was discussed and RDC was made aware of the financial risk associated with signing the contract. Group decided to cancel booking at Banff Centre. K Bonnell to check availability of CGC. H Sjostrom to revamp Rec Retreat and repackage accordingly. Information will be sent to RDC for review and approval.**

**2.8. Mentorship- Nothing new to report. H Sjostrom waiting to hear from mentor and mentee regarding dates for the Lethbridge visit.**

**2.9. Workshops- Discussed the value of hosting Workshops when attendance is poor. H Sjostrom provided number of registrants for workshops on Active Net. RDC felt that workshops should still be offered and would become more important with the implementation of PD points for NCCP**

## **3. Additions**

**4. Next Meeting- March 4, 1:30 - 3:00pm**

**5. Adjournment- 3:00 pm**