



MEETING Minutes

**Alberta Gymnastics Federation
Recreational Development Assembly Meeting
Sunday, October 18, 2015
9:00 - 11:00 AM
Westin Hotel, Calgary AB**

1. Call to Order- 9:05am

- 1.1. Approval of the Agenda- all approved
- 1.2. Additions- no additions from floor
- 1.3. Approval of the Minutes for Rec Assembly Meeting, October 19, 2014- these minutes will be distributed with the 2015 minutes.

2. Old Business

- 2.1. Canadian Gymnaestrada- over 1000 athletes and 5 provinces were a part of the experience. Positive feedback from all that attended and GCG.
- 2.2. Fall Congress 2014- 7 sessions and 52 rec coaches and supervisors registered at the event in Edmonton. Good event.
- 2.3. Gymfest 2015- 390 athletes and 40 coaches. Successful event with great performances and after dark party. Lots of buy in regarding theme.
- 2.4. World Gymnaestrada 2015- 70 athletes and coaches represented AGF. Funding was provided to the individuals.
- 2.5. Rec Retreat 2015- cancelled. Comments requesting that this event not get lost. Many who attended felt it to be valuable. It was suggested that it could be brought back but not until registration for Fall Congress and Workshops are really well attended.

3. New Business

3.1. Events

- 3.1.1. Club Visits – Rec coordinator will be visiting 3-4 clubs this year. Idea to meet the clubs and identify their needs and ensure they know what AGF has to offer. Build better rapport between the clubs and AGF.
- 3.1.2. National Gymnastics Week/ AGF Awareness – AGF will run a coloring contest and Facebook picture contest in conjunction with this event. Feel that it is a GCG event and will distribute the information. This year's focus will be focused on developing and promoting the sport of gymnastics within the province of Alberta. More information to come.

- 3.1.3. Gymfest 2016- Grant MacEwan University, Edmonton, AB on May 14-15. The theme is Gymfest Gone Wild!
 - 3.1.4. Workshop Series- Registration is poor. These will be cancelled and the idea of offering more will be tabled. Discussion regarding why clubs do not support these was posed. Staffing for the club when coaches are away at the workshop, cost to club, more remote clubs can't afford to pay for course and travel.
 - 3.1.5. 2016 AGM/Fall Congress- Hosted in Calgary October 13-16, 2016. Request for suggestions for presenters.
- 3.2. Programs
- 3.2.1. Strategic Plan 2016-2020- K Wills provided an overview of the four areas of focus. Discussed that these will impact all disciplines.
 - 3.2.2. Rec Tech Tips (Facebook) - Opportunity to share information regarding coaching ideas, games, drills, etc.
 - 3.2.3. Mentorship- third year of program running. Two mentees and mentors. The addition of a third mentorship opportunity, was discussed, in Special Needs. The details are just being worked out.
 - 3.2.4. Club Clinician- Opportunity for clubs, who are financial unable to send coaches to existing workshops or are looking for assistance in a specific area, to apply for a clinician to visit their club. The application forms will be placed on the website the week following Rec Assembly meeting.
 - 3.2.5. Quebec App- Quebec gas developed an app that provides coaches with drills, games, videos and progression, as well as lesson plans for coaches. All this is aligned with the CanGym badge program. The concern was the cost. Does the Assembly deem it a necessary expense for AGF to incur and would the clubs pay to offset some of this cost. Assembly deemed a worthwhile and valuable tool that they would be willing to share the cost with AGF. Discussion regarding a trial period and how clubs would sign up. Lots of options that will be explored and discussed by the RDC. H Sjostrom to contact Quebec regarding this. The links to preview the app
<https://vimeo.com/131163056> password is 123gym123
<https://vimeo.com/131139629> password is 123gym123
 - 3.2.6. J.O / Interclub- Discussion regarding the inclusion of JO 1-3 into the recreation programming. How is it defined? How does it fit with the recreation philosophy? Questions that were posed. Assembly decided that JO 1-3 should remain a separate entity within H Sjostrom's portfolio. Keeping it separate and defining it as Jo 1-3 and not pre-comp or advanced rec. Assembly requested that a working group be formed to develop these levels for AGF. Individuals interested were asked to step forward. B Howe and H Tillapaugh put their names forward.
 - 3.2.7. CanJump- Manual in final stages of edits. Targeting to have the draft completed for final review in December. This program to be considered by GCG for a national program.
 - 3.2.8. Special Needs- it was reported that a subcommittee had been formed and that the Board of Directors had requested the beginnings of a program ready for implementation for next fiscal year. The new initiatives for this year were

presented. NCCP Special O and a partnership with Between Friends. Information regarding the program will be distributed as it becomes available.

- 3.2.9. Travel & Professional Development Funding- Travel Funding is available for teams to travel to Gymfest. Funds are generally distributed equally or based on distance travelled. Professional Development Funding is available for non NCCP courses. Recipients of PD funding are requested to present the information in a form of a workshop to the AGF membership.
 - 3.3. **Kids Can Move-** program still offered. Growth not as great as expected. New partnership in very preliminary stage with the CBE and the City of Calgary. Looking for more facilitators for Edmonton and Calgary.
 - 3.4. **NCCP Updates-** K wills and S Whiteside provided an overview of the changes to the NCCP. Recommended those with questions to visit the AGF website or speak to G Peake the Education Coordinator.
4. **Additions-** H Sjostrom added that the following awards were presented at the gala- 8 athletes, 10 coaches, 5 volunteers, 2 groups and 8 gold badges were recognized.
 5. **Elections – Karen Beresnak, Kari Binder and Brenda Krossa were voted in by acclamation.**

**Nominations open to the floor – S Whiteside motioned/C Bertok second.
Caitlyn Reid acclaimed to fill final RDC position, H Tillapaugh to become member at large.**

6. Adjournment