



**Trampoline and Tumbling
Technical Committee (TTTC)
Meeting**

Friday Dec 11, 2015
AGF, Calgary, AB

MINUTES

Attendance:

Trish Quinney	T&T Technical Chairperson
Eran Silberg	T&T Coaching Chairperson
Mary McPhalen	T&T Judging Chairperson
Janelle Desmarais-Moen	Member at Large
Taylor Gidosh	Member at Large (conference call in)
Derek Hanson	AGF Staff

1. Called to order at 10:36 AM

1.1 Approval of Agenda

E. Silberg /J. Desmarais-Moen

Motion: "To approve the agenda".

CARRIED

1.2 Approval of Minutes from Sept 25, 2015

E. Silberg /J. Desmarais-Moen

Motion: "To approve the minutes".

CARRIED

2. Reports

2.1 Report from the Chairperson – T. Quinney

- See attached

2.2 Report from Coaching Chair – E. Silberg

- See attached

2.3 Report from the Judging Chair – M. McPhalen

- See attached

3. Old Business

3.1 Review of action items from last meeting.

- Action items all completed from previous minutes

4. New Business

4.1 2015-2016 Handbook

The 2015-2016 Handbook is now completed and will be sent out electronically, place on the AGF Webpage and hardcopy circulated shortly

4.2 Calendar of Events Update

- Cup # 1, Sat and Sun only in Grande Prairie, may run Synchro if enough time and judges available
- Cup # 2, Fri, Sat and Sun in Okotoks, will include Synchro
- Cup # 3, Fri, Sat and Sun in Airdrie

ACTION: T. Quinney to confirm timelines and assist in getting the bulletin for Cup # 1 sent out

4.3 2015-2016 Retreat Review

- Very Good venue
- Stephan Duchesne was a great presenter to have
- Very good meeting rooms etc
- Book next years at Kananaskis again (try for November 18-20, 2016 due to AGF Congress)

4.4 2016 AGF Congress

The following are the suggestions for presenters

- Craig Lowther from GB, to present on the British System, Tumbling and DMT technical sessions and perhaps judging
- Chris Shaw to present building a training system/curriculum based on his Masters Degree
- Thomas Heinen (from Artistic and T & T Worlds) present on Lost Skill Syndrome for all programs
- Presenter on Concussions for all programs

4.5 Managers Request

A request for this year's managers for Westerns and Canadians was circulated to all clubs, please pass on to anyone interested

4.6 Mentorship Program

- Allison Lockhart / Trish Quinney and Gen Smith / Matt Wheele have been accepted into the Mentorship Program, meetings are planned on ongoing

4.7 F.A.S.T. Program Update

Program will remain the same until further notice, evaluation coming in the next year

ACTION: E. Silberg to provide D. Hanson all F.A.S.T. documents to be posted on AGF website under T & T Documents

4.8 AGF Budget Update

If anyone has any questions regarding the T & T AGF budget please contact D. Hanson

4.9 Police Checks, NCCP Coaches Levels

- Please ensure that all coaches have the proper certification (complete, not partial) for access to the floor at AGF events
- For questions / requests regarding dates of Police check or Child intervention please contact Joanna Low at the AGF office at techadmin@abgym.ab.ca
- Please remember that if a coach received an exemption last year, it is no longer valid for this year
- Please note the updated AGF policy regarding Police Checks and Child Intervention

*By March 1st of each competitive year all AGF appointed coaches and volunteers who plan on holding positions with provincial teams for the current year must have submitted a to the AGF office a document that proves that the coach or volunteer has applied for a current PRC and IRC.

*The completed PRC and IRC must be received by the AGF office prior to the event/competition registration deadline.

* PRCs and IRCs are valid for a period of 3 years from the date of the completed PRC and IRC

* For coaches and volunteers who submitted a valid PRC and IRC in 2014, a new PRC and IRC will not be required until 2017

4.10 Additions

4.11 Next Meeting

Friday February 19, 2016 at 10:30 AM at AGF Office/Conference Call

5.1 Adjournment

J. Desmarais-Moen/M. McPhalen

Motion: "To adjourn the meeting of Dec 11, 2015 at 12:00 PM."

CARRIED



T & T Chair Report

FROM: Trish Quinney

DATE: Dec 8, 2015

SUCSESSES (RESULTS/EVENTS/RECOGNITION)

- Coaches & Judges retreat – Oct 2 – 4
 - Judges Training –
 - Provincial in Calgary
 - National in Calgary
 - Training Camp in Grande Prairie – Nov 7 & 8
 - FAST EVENT - Okotoks

 - Worlds - Denmark
 - Athletes (Colton Kent, Arden Oh, Erin Templeton)
 - Coaches (Eran, Jamie & Brett)
 - WAGS - Denmark
 - Alex Boucher
 - Jessa Bentz
 - Kalena Soehn
 - Zach Blakely
 - Nik Letellier
- Coaches Ken Soehn, Stephen Hauck
- Eran Silberg is Head of Delegation, Judges Mary McPhalen and Dan Normand

ISSUES FROM THE BOARD (FINANCIAL/PROGRAM/ETC.) – Last meeting Dec 6, 2015

- Marthe will head the Governance Committee - ☺
- R Barrett will be the Chief for Canadians
- Concussion Policy to be developed - AB Sport
- AGF Operational Budget approved
- Letter to the Membership - re - 2015 AGM and Awards Gala
- AGF Awards – Each discipline to review and provide feedback
- Trampoline Injury
- Equipment contract

Upcoming Events in ALBERTA

- ◆ 1st Cup – Feb 6 & 7 GP
- ◆ 2nd Cup - Feb 26 – 28 Okotoks

COACHES REPORT

TTTC MEETING – DECEMBER 11TH, 2015

BY ERAN SILBERG

TRAINING CAMP RECAP

L1-L4 TRAMPOLINE CAMP (GRANDE PRAIRIE) – November 7-8, 2015 (Athlete Focus)

- 2 Day camp, 2 sessions X 2 Groups of Athletes - Saturday and Sunday
Trampoline focus: BACKWARDS ROTATION, HEIGHT MAINTENANCE IN COMPULSORIES, FRONTWARDS ROTATION, and AWARENESS (“GARBAGE”) SKILLS
- Curt Dewolff was facilitator, his comments:
Kids were very responsive to correction/suggestions, communicated well and were very respectful. I have to say I was very impressed with the talent, passion and desire to learn. It sure sparked some excitement in me to coach younger athletes on a more regular basis! (added bonus) Such a pleasure!
Lots of athletes got to do things they hadn't done before (in terms of either a skill on the trampoline instead of off the tramp onto mat in pit (or just pit), or new skills into the pit!
Such a great facility for a skills camp... wink wink!
Special thanks to:
 - Stephen for his awesome energy, demonstrations and help all the way through the whole camp
 - Trish for driving me to and from the gym (to give Allison a bit more free time) and letting me crash her Saturday night phoenix dinner
 - Jamie for his exceptional cody spotting skills
 - Allison for hosting and shuttling
 - and really everyone else for getting in there and coaching all the athletes regardless of club association.
- 35 athletes attended from 5 clubs (PHO, PEG, CGC, EDG, GP)

UPCOMING TRAINING CAMPS

FAST COACHES CAMP (AT CGC) – January 9, 2015 (Coach Focus)

- Saturday evening from 6:30PM to 8:30PM: Topics and Presenters TBC

NATIONAL TUMBLING CAMP: L4+ (AT EDGE) – **May 7-8, 2016 (Athlete Focus)**

FAST / L1 Coaches / Athletes Workshop (AT EDGE) – Spring 2016 (Athlete Focus)

- Here are the dates that Edge could possibly host a FAST/Level 1 training camp:
April 17th OR June 19th

JUDGES REPORT

TTTC – December 11th 2015

By Mary McPhalen

Judges Registration:

- Judges Registration open now until December 18th!

Judging Courses:

- National Course- October 10-12 Calgary
 - o 7 new National judges!
- Fast Track Course- November 13-15 Calgary
 - o 5 new provincial judges!
- Possibility of another Calgary intro course and a request for an Edmonton intro course (fast track or other)

Alberta Retreat:

- Action Items
 - o Mobility Check Sheets
 - o Reference Books
 - o Judging Info Sessions- National Judges have offered to provide an evening (~2 hour session) explaining how judging works to interested parents, coaches and athletes.
Please let me know if there is interest in hosting one of these events and I will work at getting you in touch with an available judge

Upcoming:

- 1st Cup- Schedule Required (Judges named by December 21)
- Cardston Invitational- Coordination with Gen