



Agenda
Women's Program Committee Meeting #2
Wednesday, January 27, 2016
Conference Call
1:00pm – 2:30pm

Call in details: Toll free 888-289-4573 // Access Code 2646915

Attendees: Niki Bulgarelli, Jeremy Mosier, Anita Pelletier, Courtney Ewaschuk, Kim Baksh, Sheri Wilson, Carolyn Foster, Trish Zimmerman

1. Call to Order Time: 1:01pm

2. Approval of Previous Meeting Minutes

MOTION: To approve previous meeting minutes

J. Mosier/C. Ewaschuk
All in Favour/Carried

- Carolyn Foster discussed action items from the previous meeting minutes

3. Approval of Agenda

MOTION: To approve the agenda

J. Mosier/A. Pelletier
All in Favour/Carried

4. Reports

WJC Chair – S. Wilson

- Finalizing judges for Northern Zones, Trials to Westerns and Provincials
- Working on travel to Provincials

WPC Chair – N. Bulgarelli (sent out to the WPC on January 26)

- A request was sent to Michel Arsenault for a report on the trip to France
- In this report the WPC requested information on funding (who was funded, who went self-funded) and results
- Questions were raised about a national team athlete receiving Alberta funding for the trip, but then she was asked to represent Gymnastics Canada

ACTION: Trish to contact GCG to clarify National Team member participation and funding (if any was received from GCG) for the France trip.

- For this trip to move forward and happen yearly, the WPC needs to clarify the criteria an athlete needs to meet in order to receive funding and that independents can attend the trip as well, but will be self-funded
- Need to create a budget line for the trip; judges money should also come from this budget line
- Suggested that an experience like this one would be beneficial to add into our CWG proposal

MOTION: To make this a yearly opportunity based on budget availability, with specific funding criteria being met.

S. Wilson/K. Baksh
All in Favour/Carried

5. Welcome Trish Zimmerman New WAG Program Coordinator

5.1. Introduction of Anita Pelletier

- Anita is the WPC Westerns Representative

5.2 Review WPC Timelines

- Niki briefly reviewed the timelines she had sent out the week before
- Jeremy had a question about the National Team training camp. It was determined that this is the training camp held for Alberta team members before Canadians.
- Training camp will likely be held in Calgary
- Judges funded for Canadians are Krista Morris, Kenda London, and Kelly Wills. Brady Spencer, Erin Basisty, and Sheri Wilson will attend Canadians self-funded

6. Old Business

6.1 Calendar of Events

- Alberta Winter Games
 - February 13-16, 2016
 - Medicine Hat
 - Registration is completed
 - Trish will be in attendance
- Southern Zones
 - March 18-20, 2016 in conjunction with UCIC
 - Registration is open until February 1st, after that time, clubs must contact the WAG Program Assistant to register
 - Final Schedule to come out February 15th
 - Will be sending WPC final numbers after February 1st to assist in making age groups and determining who goes to Provincials
 - Will be good for judges, Sheri, Brady, and Carolyn to work together to make panels

ACTION: To further discuss registration deadlines at the WPA; the WPC would like to make the change in the handbook to an earlier deadline.

- Northern Zones / Trials to Western
 - April 1-3, 2016
 - North Edmonton Gymnastics Club
 - Tentative schedule and registration open February 1st
 - Early registration deadline March 14th, late registration deadline March 22nd
 - Final Draw March 24
 - Registration Information sent out January 25th – posted on AGF website
 - Request has been sent out to judges
 - 2 sets of equipment for JO 4-7 and 1 set for Trials to Westerns
 - It was mentioned that the higher level athletes did not like the 2 sets of equipment, they found that they needed more time between events.
- Provincials
 - April 15-17, 2016
 - Fort McMurray
 - Tentative schedule should be out soon
 - 2 sets of equipment for JO 5-8, 1 set for JO9 and up
- Westerns
 - May 5-7, 2016
 - Richmond, BC
 - Judges attending will be Valerie Oudin, Carolyn Foster, Candice Shannon, and Andrea Hardy
- Canadians
 - May 31 – June 5, 2016
 - Edmonton
 - Kate Richardson is prepared to go to Nationals as the Alberta physiotherapist; expenses will be covered, no honorarium will be provided
 - Would like to add Kate Richardson to the rooming request so she can stay with the team
 - Self-travel for athletes and coaches

6.2 Coaching Mentorship Program

- Niki provided a brief update
- AGF has received a few summaries from coaches and mentors
- Ashley Sportun has inquired if she can put some of her money towards her trip to China. She will be travelling with Norfort with Yves and Nancy as her mentors and will be spending a week at a National Team Training Centre
- To be approved, Ashley needs to develop a plan on why she is going and what she hopes to achieve; the WPC will then decide if the trip meets the objectives on the coaching mentorship program and if funds available and can be contributed

ACTION: Trish to contact Ashley re: China trip for a plan. Will circulate to the WPC for a decision at the next WPC meeting.

6.3 Fall Congress – WAG Presenters and Topics

- Alex Bard
 - Session on Talent Identification Strategies
 - Session on Yurchenko Vaults
 - Q & A session
 - WPC would like to see more technical sessions
 - WPC to speak with Alex at Canadians about possible topics
 - 1 or 2 more topics TBD in the next couple months
- David Kenwright
 - Session on Long Term Athlete Development Planning
 - Session on JO 6 and 7 Bar Progressions (free hips, cast to handstand)
 - Session on JO 8 – 10 (event TBD)
- Kate Richardson
 - Session on Muscle Weakness
 - Session on Preventative Exercises and Injury Recovery
- Linda Thorberg
 - Session on JO 8 -10 Beam and Floor composition
 - Session on JO 3, 4, 5 Review
- Nicole Langevin
 - WPC would like to see if Nicole is available for Fall Congress
 - Session on the Compulsory Program
 - Session on Skill Development on Beam and Floor
- Jeremy Mosier
 - Two spotting sessions
 - Pegasus is willing to host a spotting clinic if needed
- Sheri Wilson
 - WJC will have 2 judging sessions, topics TBD

6.4 Canada Winter Games Funding

- Starts in Year 2 (2016/2017)

ACTION: Trish to send the CWG's Funding Plan from the last 4 year cycle to the WPC High Performance Representative.

6.5 High Performance Representative

- Karen Haverstock has been nominated

MOTION: To appoint Karen Haverstock as the High Performance Representative on the WPC

S. Wilson/K. Baksh
All in Favour/Carried

6.5 Judges Training

- In JO Manual, 1 and 2 is REC, and 3 and up is competitive; WPC would like the WPA to revisit the JO levels under the Competitive Program
- Kim Baksh is on a JO 1-3 working group. This working group will continue to be involved throughout as this is developed.
- Concerns were raised that the JO 6 and up judges did not receive training on JO 4-5; the WJC is looking into this to make adjustments as necessary
- JO 9 and above judges have no training on compulsories, have to still know FIG rules
- WJC is working with JO 6 and 7 to help them become more comfortable with compulsories
- Mobility scores will come into play next year

7. New Business

- Athlete Cards will be used at Southern Zones and Northern Zones/Trials to Westerns
- Bar height adjustment process will be included into AGF Tech packages
- Next meeting at Northern Zones April 2nd in the evening, at gym or host hotel

8. Adjournment 2:30pm

J. Mosier/A. Pelletier
All in Favour/Carried