



BULLETIN #1

MAY 14 - 15, 2016

GRANT MACEWAN UNIVERSITY

EDMONTON, ALBERTA



SHOW US YOUR WILD SIDE

This year Gymfest has **GONE WILD!!** Whether it's a wild West showdown, a thrilling safari ride or the outrageous 80's unleash your wild side!

Friday, May 13	Coaches Meet & Greet
Saturday, May 14	Workshops and Performance Rehearsals
Sunday, May 15	Wild Performance Day

WHILE REVEALING YOUR WILD SIDE IN YOUR PERFORMANCES, THERE ARE A FEW THINGS TO KEEP IN MIND:

- * Maximum length allotted to strut your stuff is 5 minutes
- * Each group needs to have a minimum of 8 participants, and are not restricted as to a maximum number. However keep in mind the size of the performance area when planning.
- * There is no restriction as to the number of performances a club can have, however each athlete is only allowed to be in one performance. An exception can be made if the athlete is in a larger Provincial group. In this case the athlete can perform in their Club performance as well as the medley.

WILD WILD TUNES

As with years past, AGF will develop one master playlist for rehearsals and performance day. Groups will be required to submit their music to AGF with their registration either by CD or MP3 file.

WILD DAYS AND CRAZY NIGHTS

The RDC is hard at work on securing fun workshops for Gymfest that will be confirmed in the second bulletin.

Once the workshops are complete we will swing into a fun evening at the After Dark Party. The party will take place on-site and include fierce food, crazy dance party, outrageous games and thrilling prizes. You won't want to miss out on the great opportunity to **REVEAL YOUR WILD SIDE** to everyone!

TRANQUIL OASIS

Everyone needs an oasis for some well-deserved rest after their outrageous day, time to tame that unruly mane, and calm their wild side. This year we have a couple of great options for you the Edmonton Coast Plaza and MacEwan Residence. Please see the attached flat sheets for information on both properties and how to book your rooms.

CALMING WATERS

Should you have any questions at anytime, please do not hesitate to contact the Wild Side Tamer, Robin McDougall at 800-665-1010 or specevents@abgym.ab.ca. She is here to calm the storm and ease the journey as you **REVEAL YOUR WILD SIDE!!**

