



ALBERTA GYMNASTICS FEDERATION MEN'S TECHNICAL ASSEMBLY MEETING

Sunday October 16, 2016
9:0 am – 11:30 pm
Grey Eagle Casino
Calgary, AB

MINUTES

Attendance:

Travis Oxley	Chairperson
Jamie Ellacott	Judging Chair
Wesley Chirima	Provincial Stream Representative
Randy McMullen	Twist and Flip (T&F)
Nadov Simenaeur	Gymtastics (Gymt)
Julio Ferreira	Gymtastics (Gymt)
Merle Pyke	West Wind Gym Club
Miguel Costante	Capital City Gymnastics Club (CCGC)
Kelly Mock	Canmore Illusions Gym Club (CIGC)
Scott Rayment	Calgary Gymnastics Center (CGC)
Jason Woodnick	U of C (UC)
Jie Wang	Exelta Gymnastics Club (Exelta)
Chris Michel	Phoenix Gym Club (Phoenix)
Brandon O'Neill	Ortona (Ort)
Perry Larson	Spruce Grove Aerials (SGAG)
Alex Riordan	Salto Gym Club (SGC)
Kelly Dick	Salto Gym Club (SGC)
Kelly Baird	Dynamyx Gymnastics (DYN)
Derek Hanson	Men's Program Coordinator, Alberta Gymnastics Federation (AGF)
Katie Watson	AGF Board of Directors

1.0 Call to Order

The meeting was called to order by T. Oxley at 9:06 am

1.1 Official Welcomes and Introductions

1.2 Approval of Agenda

Phoenix/UofC

MOTION: "To approve the agenda with additions."

ACCEPTED

1.3 Approval of Minutes of the last Annual Meeting, Sunday, October 15, 2015.

WW/CGC

MOTION: "To approve the minutes from the Sunday, October 19, 2014 meeting."

ACCEPTED

2. Report

- 2.1 Report from Men's Technical Chair – T. Oxley
See attached
- 2.2 Report from Judging Representative – J. Ellacott
See attached
- 2.3 Report from Provincial Stream Representative – W. Chirima
No updates

3. New Business

- 3.0 SOAR and Strategic Plan
D. Hanson provided reviewed the Alberta MAG SOAR analysis and AGF Strategic Plan. Please see attached
- 3.1 Provincials 2017
It is confirmed that the 2016 Alberta Gymnastics Championships will be held again in Fort McMurray on April 7-8, 2017.
- 3.2 CWG 2019
 - Funding has been received from ASC for this coming year (\$1,750.00)
 - Working of S. Rayment, M. Pyke and J. Woodnick will begin planning
 - CWG Training Camp details will be planned by working group, date and location will be discussed in 4.7
- 3.3 2016-2017 MAG Handbook
The 2016-2017 MAG Technical Handbook will be updated T. Oxley and D. Hanson by mid-November
- 3.4 GCG Update (Tony Smith, National Team Director)
T. Smith not in attendance. The biggest update is the new Provincial and Elite Pathway documents, which have already have been circulated. T. Oxley provided many of the changes in the Chairperson report. T. Smith also presented on the new Pathways in a session at the AGF Congress.
- 3.5 Transportation to Westerns 2017 and Canadians 2017
D. Hanson explained that since Westerns are in Brandon, Manitoba and Canadians are in Montreal, Quebec, all Team Alberta flights will be booked and organized through AGF.
- 3.6 2016 AGF Fall Congress
Everyone had excellent comments on the presenters (MAG and others) for the 2016 AGF Fall Congress. Suggestions for the 2018 Congress were to have higher level skills presented (which might require sessions in a local gym to have access to pits etc.) and that the presenter brings his own athlete for demonstrations. Some coaches would like to see more weekend sessions.
- 3.7 2016-2017 MAG Calendar of Events
After a long conversation it was decided that only one training camp would be offered for Provincial 3/Elite 3 and higher. Clubs are encouraged to arrange their own visits for the P 1's/2's and Elite 1's/2's.

Please see attached Calendar of Events (and AGF webpage).

ACTION: D. Hanson to finalize and circulate Calendar of Events.

ACTION: W. Chirima to develop the details for the training camp.

ACTION: D. Hanson and T. Oxley to develop details on funding request (similar to WAG budget item that clubs can apply for) to AGF Board of Directors

3.8 Coach Mentorship Program

The following coach partnerships have been approved, Mentorship visits will begin ASAP.

Bin Fan and Merle Pyke

Jason Woodnick and Nadov Simenaeur

ACTION: J. Ellacott to review WAG judging mentorship program and to investigate the possibility and details of a MAG judging mentorship program

3.9 NCCP/Police Checks and Intervention Checks

Friendly reminder to make sure all coaches have their proper NCCP certifications in place to be on the floor at AGF sanctioned events.

- Proof (ie receipt) that you have applied for your police checks and child intervention checks must be received to the AGF office by March 1, 2017. The final police check and child intervention check must be received by AGF by the registration deadline for each respective competition (ie Westerns or Canadians).
- All police checks and child intervention checks are good for 3 years with AGF. All police checks dated July 2014 to the present are good for this season
- Please check with Joanna Low at techadmin@abgym.ab.ca for further information

3.10 AGF Budget

D. Hanson presented how the budget and the MAG Operational Plans work. As always if anyone is interested the AGF MAG budget please contact Derek Hanson to set up a meeting.

3.11 Elections

Travis Oxley was elected by acclamation for a 2-year term as Men's Technical Chairperson.

4.0 Adjournment

WW/T & F

MOTION: "To adjourn the October 16, 2016 Annual meeting at 11:30 AM."

ACCEPTED

Next MTA Meeting: January 12-15, 2017 in conjunction with 1st Trials / GymPower Invitational.

Location: Edmonton, Alberta

Men's Chair Report
October 2016

MAG Quadrennial Meeting
September 2 & 3

- Reviewed the New elite and Provincial programs
 - The goal of this new program is to strength our future teams
 - Removal the novice program
 - Add two new elite programs
 - P3 has been added
 - Age group changes
- Screening for elite athletes will be late November early December
- 5-6 camps planned for Junior and Senior Athletes a year
- 3 All Star camps planned a year
- Next PTO meeting is during Canadians

Athlete Enhancement funding

- Derek and I reviewed and sent it to the board
 - One change from last year was to add level 4 and 5 to receive equal funding as the elite program
 - Board approved

AGF Board of Directors Meeting
September 18

- Board has ask all program to review the awards following the Gala
- Acro may be included with Provincial Championships this year (under review)
- Currently review and implementing a Concussion policy

Judging Report October 2016

Jamie Ellacott, Judging Chairperson

In 2016 we had two judges per panel for almost every session of the entire year. There were even a few competitions where I had to turn judges away because we already had enough.

My database of qualified judges continues to grow each year as more and more people take courses. It is interesting to note however that while it was easier to fill panels this past year we actually had less active judges than in the previous two years.

of active judges

	2016	2015	2014
Total	25	35	36
FIG	6	6	6
National	3	5	4
Provincial	2	8	10
Regional	5	0	0
Entry	9	16	16

What we have now is a core group of judges who want to judge lots of competitions.

I will always try to recruit new judges each year. In 2017 my focus as judging chair will also be to increase the quality of our current judges especially with a new code of points and new competitive categories.

Upcoming courses:

Entry level: 4 hour webinar, October 30

Regional level: 8 hours total webinar, November 6 and 13

Provincial level: December dates TBC

FIG course: Toronto January 11-16 2017

National course: possibly in conjunction with Toronto FIG course

We do not yet know which FIG judges will be allowed to attend the course in Toronto. There is a limit of 40 judges per country at the course and we currently have more than 40 FIG judges in Canada. I am waiting to hear back from Gymnastics Canada.

New categories and how they fit into judging levels:

Entry – P1/2. Execution for P3/4

Regional – P1-4. E1/2. Execution for P5/Open

Provincial – P1-Open. E1-4. Execution for Jr./Sr.

National and FIG – All levels

Refresher tests:

If we decide to drop the Alberta provincial level 1/2 routines in favour of the GCG provincial 1/2 routines I will ask our entry level judges to review these new routines and complete a ~30min

refresher video test in order to retain their certification.

Regional level judges will be asked to complete a ~30min video test of the elite 1/2 routines as these have been added to their portfolio.

Meet scheduling

If you are hosting a meet please consider having Elite 1/2 in a separate session than Provincial 1/2. Elite 1/2 should be judged by regional and higher level judges. Provincial 1/2 should be judged by entry level judges.

Also keep in mind that many of our Senior level athletes are also judges, so it is best to have the seniors compete in your first session. That way they are free to judge the rest of the competition.

Judge scheduling priority

The goal is to keep costs low for meet organizers and to have judging panels sent out in a reasonable timeframe (two weeks before the competition). Therefore priority will be given to judges according to:

- judging level
- number of sessions available for
- proximity to venue
- if they have registered as a judge with AGF
- response time to Jamie's request

Judges dress code and code of conduct

Judges will be asked to adhere to the following dress code:

Men: Dress shirt and tie, dress pants, dress shoes. Blazer/suit coat optional.

Women: Business attire.

No hats, no jeans, no sneakers.

On the MAG side we do not have shadow judges. Please do not bring random people to competitions to judge with you. If they are interested in judging they can take the entry level course.

The judge's hospitality room is supposed to be for judges (and usually coaches and volunteers) only. Please ask the organizing committee before bringing others (ie. children) into the room.

Please remember to maintain a professional distance with athletes while on the competition floor. While us judges know many of these athletes very well, we don't want to give off any impression of bias. Avoid chatting with athletes on the floor for extended periods of time while they are warming up or competing.

AGF Year 1 Analysis – Strategic Plan

4 AGF Strategic Pillars

- Club Support & Development
- Coaching and Judge Development and Leadership (REC/WAG/MAG/T&T/ACRO COACHING/JUDGING)
- Gymnastics Awareness
- Athlete Support and Leadership

SOAR Analysis: Strengths, Opportunities, Aspirations & Results

Club Support & Development

- Continued Partnership with 3rd Level and Club Excellence
- 2016 Various Fall Congress Sessions (*Best Practices/Standard Operation Procedures/Insurance/etc.*)
- Research and Development of Adobe Connect Program (*Online Conference/Webinar*)
- Continued development and upgrading of the AGF Website

Coaching and Judge Development and Leadership

- REC
 - 4 mentors and 2 mentees. 6 sessions/events/visits, Locations included; Lethbridge, GP (2), Dynamyx (2) and Phoenix.
- WAG
 - 4 mentors and 3 mentees. 10 sessions/events/visits, Locations included; Edmonton, Calgary, Canmore and China
 - 64 Registered Judges (Provincial, National, Brevet Candidate and Brevet), last year 54
- MAG
 - 1 mentor and 1 mentee. 1 sessions/events/visits, Location was Calgary
 - 25 Registered Judges (Provincial, National, and Brevet); last year 27
- T&T
 - 2 mentors and 2 mentees. 7 sessions/events/visits, Locations included; Okotoks, Cardston and Edmonton
 - 52 Registered Judges (Provincial, National, and Brevet); last year 52
- ACRO
 - Currently no mentorship program offered, further evaluation in Year 2-4 as numbers increase
 - 3 members participated in an FIG judging course in Ontario, 1 information session offered in Alberta with 14 participants

Gymnastics Awareness

Community Engagement

- City/Municipal facilities: Be Fit for Life /All Sport 1 Day/Sport Councils
 - City of Calgary, CBE, Parkland School District/National Circus School , CS4L webinar , PLAY YYC, KidSport, Alberta Learning
- School Boards/Kids Can Move
 - Number of Sessions – 10
 - Number of participants- approx. 3000-3500
 - Number of teachers- approx. 80
 - All Sport One Day- 2 sessions
- Teachers' Conventions
 - Number attended-1
- Physical Literacy
 - CS4L, BFFL, PLAY YYC
- Special Needs
 - Between Friends, Gymnastics Victoria (Australia), Special O



AGF Year 1 Analysis – Strategic Plan – Cont'd

Gymnastics Awareness – Cont'd

AGF Membership

- Club Visits; February 1 & 2 and April 11 & 12. AGF met with a total of 10 member clubs
- 2nd Edition of the AGF “On the Flipside” was published and over 1200 copies circulated
- Coach Awareness/Appreciation
 - 87 Tim's Gift cards, in varying amounts were distributed. The gift card were for coach appreciation during Canadian Gymnastics Week (Feb. 6-13, 2016). Clubs were asked to hash tag the event (#AGF) and post their club celebrating this event. This was also in conjunction with the coloring and photo contest.
- Work Continues on developing and implementing the WAG Junior Olympic Program
- Develop a sponsorship strategy

Athlete Support and Leadership

- New section on the AGF Website is currently under development
- Intent is to provide athletes and their parents/guardians additional information as it pertains to: Community and Sport Science services, Personal development, Career development and Academic Opportunities

Communication and Social Media

Development of event specific communication/social media strategy which included:

- Outline event promotion detail (when/where/how); recruit social media volunteers (to post on behalf AGF); promote hosting club and city; staff job responsibility; hashtags, and so on.
- Work with GCG, other Provincial organization and hosting clubs on promoting AB athletes (Canadians and Western Canadians Championships)
- Twitter is the main promotion tool, following by Facebook, and Instagram
- Significant impressions/views/followers increased during the events:

Date	Facebook Stat.	Twitter Stat. (28 day period)
April 14, 2016 (one day before Artistic Provincials)	1,733 Likes (22 new), post reach 12,853	561 followers (12 new), impressions 22.2K, profile visit 1,419, Mention 7
April 19, 2016 (after Artistic Provincials)	1,777 Likes (54 new), post reach 21,340	577 followers (30 new), tweet impressions 39.4 K, profile visit 3,068, Mention 39, on average 12 link click per day
April 25, 2016 (after T&T Provincials)	1,808 Likes (36 new), post reach 13,131	584 followers (39 new) tweet impressions 49.4K profile visit 3,794, Mention 51, on average, 15 link clicks per day
As of July 27, 2016	1,900 Likes	640 followers

- On the Flip Side second edition published, contents included retired athlete Kylie Stone, top Canadian coaches: Smith, Ball and Quinney, membership and new JO system.
- Web page modification for 3rd Level Consulting page (pass word protected)
- Web page for NCCP Courses revised (FAQ, Professional Development)
- Promotion on coach appreciation during the Canadian Gym Week

S.O.A.R. Analysis: MAG Program

A strengths, opportunities, aspirations, results (SOAR) analysis is a strategic planning tool that focuses an organization on its current strengths and vision of the future for developing its strategic goals.

Strengths

- Culture: The culture of MAG in Alberta is cooperative and respectful
- History: The history of Men's gymnastics in Alberta speaks for itself
- AGF/Club Relationship: Strong and respectful
- Committee: Experience, knowledge and work volume

Opportunities

- Retain athletes into higher levels, reduce the number of categories with low or zero participants
- Potential for increasing participants (total number of clubs, total number of athletes)
- Increase the number and visibility of athlete/coaches role models

Aspirations

- Increased number and consistency of athletes on GCG National Teams
- Increased number and consistency of athletes placing in top 3 at Westerns, Elite Canada and Nationals
- To increase numbers and retention of MAG judges

Results

- Compare AGF registrations from previous year to see increase or decrease in Alberta club and participant registrants
- Compare GCG National Team ranking lists from previous year to see increase or decrease in Alberta athletes on Team
- Compare AGF registrations from previous year to see increase or decrease in Alberta judges