



Meeting Minutes
Alberta Gymnastics Federation
Recreation Development Committee Meeting

Wednesday November 23, 2016

1:30 – 3:30pm

1. Call to Order 1:39 pm

- 1.1. Approval of Agenda-** K Bonnell, A Wills
- 1.2. Approval of Minutes-** C Reid, J Lippen
- 1.3. Additions**

2. Business Arising

- 2.1. Budget Update** – First quarter review completed. New format for reporting to be reviewed by Board and K London.
- 2.2. Strategic Plan-** nothing new to report. AGF staff to conduct strategic plan meeting next week.
- 2.3. AGM, Congress, Assembly**

2.3.1. Feedback-

Congress – sessions were good. More variety could be offered. Rec Workshops seemed to occur at same time. Better descriptions provided for sessions. Bring in someone new for business sessions.

K Bonnell to provide names of presenters.

Assembly- went well. New format was really good. Great opportunity for group discussion.

- 2.3.2. Re- name Top Banana-** All on call agreed that name should change. Will be changed to Recreation Achievement Awards with individual awards remaining (eg. Outstanding rec coach, exceptional rec athlete, etc.)

2.4. RDC Goals & Objectives – 2016/17- List provided based on the additional resources/programming that was requested at Rec Assembly. Parkour/ Ninja- make a good workshop to be presented at Rec Retreat Rec Retreat- Already in the works. Will need to present proposal to the Board for approval. All felt that it was important to include presenters from internal and external. Other elements to be included or considered were; round table discussions, key note speaker, team building. H Sjostrom already started dialogue with Pine Valley. **Group to provide suggestions for presenters/ key notes/ workshops.**

Pre-school/ Active Start- outline developmental targets, class management, expansion of some details. H Sjostrom requesting this be discussed further following first meeting of the GCG CanGym Revisions.

Interclub- many clubs are already hosting these events. Discussion around Provincial interclub opportunities- AGF sanctioned and zone hosted. **Individuals interested in assisting in the development to contact H Sjostrom. RDC to review Fun Meet Guidelines.**

Adult/ Advanced Rec- topic or workshop for Rec Retreat. M Salmond to send info on adult rec classes.

Business help/ Info- group felt that this information is already available from 3rd Level and Club Excellence. Suggestion to send out reminder of the information available. Also determined that this could be a good session at Rec Retreat for supervisors/ leads.

Support for coaches- Lesson and session plans- templates. RDC and Members at Large to provide templates. H Sjostrom to compile info and redistribute. These could be made available on Rec Tech page and potentially on Athlek.

Video/ workshops- all agreed that online format would be good to explore. Resource like Athlek would be beneficial. H Sjostrom to have proposal to Board for online platform by January 1.

Performance opportunities- List of suggestions regarding where clubs could potentially perform. Many felt that it should be the responsibility of the club to seek out opportunities. Include performance in the Fun meet Guidelines.

2.5. RDC Handbook – revisions completed and submitted to M Fang for print. This is to be distributed with the mail out in December.

2.6. Inclusion -an overview of the Inclusion meeting was provided.

2.7. CanJump- more edits to be completed.

2.8. Western Gymnaestrada-

Rules – Suggestion to modify rules to align with Canadian and World Gymnaestrada. Concerns expressed regarding time. Could prove to be challenging to schedule rehearsals and performances.

Coaches meeting- Suggestion to have information to be delivered at performance day meeting available at the Friday night meeting. Ensure all coaches know that there is a coaches meeting on Sunday. J Lippen and M Salmond to provide written details for the end of January 2017.

Roles and responsibilities- RDC and members at large would like opportunity to select their roles. AGF staff to assign those not chosen. This will be provided to the group with timelines and expectations as soon as possible.

Afterdark- Suggestion of camp side story telling, those in attendance last year liked DJ and dance party, Costume party and dance with s'more station, cotton candy, bouncy castle- carnival/ fair theme.

Workshops- Fencing, Fitness class with DJ, puppet making, interpretive dance, play/acting out story, costuming, obstacle course, ninja warrior, acro, rhythmic hula hoop, MRU has bubble soccer (maybe they would allow us to use)

Suggestion of an event scavenger hunt. Teams find items and post on social media team to complete first would win prize. Hints provided using Roland on social media.

2.9. Workshops- one offered with WAG sessions. Suggestion of Adult, preschool, ninja and parkour were offered. Forums - opportunity to call in or online

2.10. Mentorship- schedule distributed to those involved. Suggested that mentee come to Gymnaestrada. H Sjostrom to set up.

2.11. Social Media- start in December. Reminder to send suggestions for posting

2.12. GCG Update- Canadian Gym Week working group formed. Overview of what is being planned provided. Agenda of the week's events still to be determined. H Sjostrom to distribute information as it becomes available. CanGym revisions will begin in February. K Wills and H Sjostrom to attend first meeting in February. H Sjostrom to forward GCG CanGym revision power point.

3. Additions

4. Next Meeting- K Wills to provide dates

5. Adjournment- 3:38 pm