



ACROBATIC GYMNASTICS

2017-2020 JO Code of Points Erratum

October 4, 2018

This erratum changes the rules regarding Individual Elements in the 2017-2020 Acrobatic Gymnastics JO Code of Points. Rule changes are effective immediately.

Summary of Changes – Individual Elements for Levels 5-8:

The value of individual elements for levels 5-8 will now be 1.0 per element, instead of 0.4/element. At levels 6-8, selection of the individual elements is at the coach/athletes' discretion, as long as elements meet the stated requirements and characteristics.

Level 5

- Compulsory individual elements are defined within the compulsory exercises.

Levels 6 and 7

- Athletes must meet the following individual element requirements in their exercise.
 - 1 Flexibility element
 - 1 Balance element
 - Minimum of 1 Agility OR Tumbling element (Tumbling pass with 2 or more elements in a series can fulfill this requirement)

Level 8

- Athletes must meet the following individual element requirements in each of their exercises:
 - Balance
 - 1 Flexibility element
 - 1 Balance element
 - 1 Agility element
 - Dynamic
 - Minimum of 3 Tumbling elements
 - There is NO "series" requirement
 - There is NO "salto" requirement
 - ONE tumbling element may be repeated one time in an exercise (e.g., round-off may be performed twice plus one back handspring and the 3 tumbling element requirement is fulfilled.)

Level 9/10

- Individual Element requirements remain unchanged, following the rules outlined for the FIG 12-18 World Age Group Rules.

Additional Rules

- Individual elements may be of the coach/athletes' choosing (other than Level 5) but must be selected from the FIG Tables of Difficulty and be a minimum value 1. If an element is not listed in the FIG Tables of Difficulty (i.e., cartwheel), then it cannot be used as a credited individual element.
- There is no difficulty cap/maximum on individual elements. The value of the individual element is not applied toward the exercise score. Full difficulty is awarded for individual elements based on successful performance and completion of elements meeting the requirements.
- If one or more athlete in the pair/group does not perform or does not receive credit for an individual element, no credit is awarded for that individual element and the penalty is -1.0 (for each missing individual element), applied to the difficulty score. For example, in a dynamic exercise, if only 1 tumbling element is performed by one or more athletes, the deduction is -2.0 from the difficulty score.










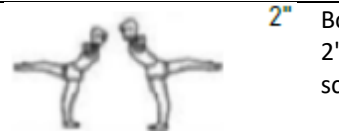


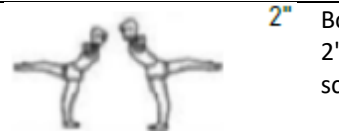


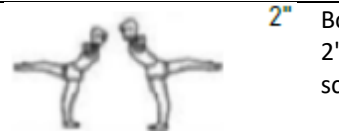


- Individual elements of the same characteristic must be performed by all partners at the same time or in immediate succession in an exercise. Immediate succession means “without anything in between”, such as choreography other elements, etc.
- Athletes in a pair/group may perform different individual elements to meet each requirement if they are of the same characteristic.
- For Levels 5-7, if a balance individual element is held less than the required 2”:
 - If held for 1”, difficulty credit is awarded and a -0.3 time fault penalty is applied by the Difficulty Judge.
 - If held for less than 1”, then difficulty credit is NOT awarded, resulting in a -1.0 penalty from the difficulty score. NO time fault penalty is applied.
- For Levels 8-10, if a balance individual element is held less than the required 2”:
 - If held for 1”, difficulty credit is awarded and a -0.3 time fault penalty is applied by the Difficulty Judge.
 - If held for less than 1”, then difficulty credit is NOT awarded, resulting in a -1.0 penalty from the difficulty score and a -0.6 time fault penalty is applied.

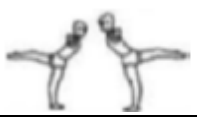



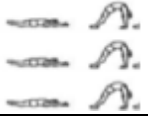

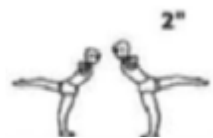


Examples of Individual Elements from the FIG Tables of Difficulty, listed by characteristic	
<p><u>Balance Individual Elements</u></p> <ul style="list-style-type: none"> • Headstand (2”) • Chest stand (2”) • Elbow stand (2”) • Rear Scale (2”) • Y Scale (2”) • Handstand pirouette 180° or more 	<p><u>Flexibility Individual Elements</u></p> <ul style="list-style-type: none"> • Split – straight or middle • Back walkover • Front walkover • Valdez • Healy • Bridge
<p><u>Agility Individual Elements</u></p> <ul style="list-style-type: none"> • Arial Cartwheel • Back handspring to step out, knee or split • Front handspring to knee or split • Forward pike roll to stand • Back extension roll • Back tuck or layout to step out, knee or split 	<p><u>Tumbling Individual Elements</u></p> <ul style="list-style-type: none"> • Round-off • Back Handspring • Front Handspring to 2 feet (step out only allowed when connecting to another tumbling element) • Front tuck • Round off, back tuck • All tumbling elements must be preceded by a motion – this could be a run, cartwheel, or another tumbling element prior, meaning a standing back handspring or tuck is not allowed.

Erratum – date revised: 10/2/2018

Page	Correction/Addition
3	<p>Levels 5-8 Exercises General Information <u>GENERAL</u></p> <p>At Levels 5–7, pairs and groups perform one combined exercise. The combined exercise contains balance skills (static holds), dynamic skills (with flight), and individual elements (choreography and tumbling elements). Level 8 pairs and groups perform two exercises, balance and dynamic.</p>
4	<p>For Levels 5–7, time-fault penalties apply to pair and group balance skills only, not to individual elements. Balance individual elements must be held for 2", which is noted in the element drawings. If one or more partners hold less than 2" of the element, credit for the element is lost but no time-fault penalties apply.</p> <p>For Levels 5–7, time fault penalties apply to pair/group balance elements and balance individual elements. Balance individual elements must be held for 2", which is noted in the element drawings in the <i>JO Code of Points</i> or <i>FIG Tables of Difficulty</i>. If one or more partners hold less than 2" of the balance individual element, the following penalties apply:</p> <ul style="list-style-type: none">• If held for 1", difficulty credit is awarded and a -0.3 time fault penalty is applied by the Difficulty Judge.• If held for less than 1", then difficulty credit is NOT awarded, resulting in a -1.0 penalty from the difficulty score. NO time fault penalty is applied.

5	<p>[delete all text on current page and replace with below]</p> <p>Levels 6-8 Individual Elements Individual elements are of the athletes'/coach's choosing but must meet the listed requirements for each exercise. All individual elements must come from the <i>FIG Tables of Difficulty</i> and be a minimum value 1 (there is no limit on maximum value).</p> <p><u>Levels 6 and 7:</u> Athletes must meet the following individual element requirements in their exercise.</p> <ul style="list-style-type: none"> • 1 Flexibility element • 1 Balance element • Minimum of 1 Agility OR Tumbling element (Tumbling pass with 2 or more elements in a series can fulfill this requirement) <p><u>Level 8:</u> Athletes must meet the following individual element requirements in each of their exercises:</p> <ul style="list-style-type: none"> • Balance <ul style="list-style-type: none"> ○ 1 Flexibility element ○ 1 Balance element ○ 1 Agility element • Dynamic <ul style="list-style-type: none"> ○ Minimum of 3 Tumbling elements ○ There is no "series" requirement ○ There is no "salto" requirement ○ ONE tumbling element may be repeated once in an exercise (i.e., round-off may be performed twice plus one back handspring and the 3 tumbling element requirement is fulfilled) <p><u>Additional Individual Element Rules:</u></p> <ul style="list-style-type: none"> • Individual elements may be of the coach/athletes' choosing (other than Level 5) but must be selected from the FIG Tables of Difficulty and be a minimum value 1. If an element is not listed in the FIG Tables of Difficulty (i.e., cartwheel), then it cannot be used as a credited individual element. • There is no difficulty cap/maximum on individual elements. The value of the individual element is not applied toward the exercise score. Full difficulty is awarded for individual elements based on successful performance and completion of elements meeting the requirements. • If one or more athlete in the pair/group does not perform or does not receive credit for an individual element, no credit is awarded for that individual element and the penalty is -1.0 (for each missing individual element), applied to the difficulty score. For example, in a dynamic exercise, if only 1 tumbling element is performed by one or more athletes, the deduction is -2.0 from the difficulty score. • Individual elements of the same characteristic must be performed by all partners at the same time or in immediate succession in an exercise. Immediate succession means "without anything in between", such as choreography other elements, etc. • Athletes in a pair/group may perform different individual elements to meet each requirement if they are of the same characteristic.
<p>Examples of Individual Elements from the FIG Tables of Difficulty listed by characteristic</p>	
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6	<p>Level 5 Requirements Difficulty:</p> <ol style="list-style-type: none"> 1. If all compulsory elements and individual elements are performed, the difficulty score of the exercise is 10.0. 2. If a required skill/individual element is not performed, the difficulty is reduced by the skill/element value as stated in the exercise description 3. Pair/group skills and individual elements are worth 1.0 each. individual elements are worth 0.4. 																
8	<p>Level 5 Women's Pair</p> <table border="1"> <tr> <td>ID – I1 DV = 1.0</td> <td></td> <td>Both partners turn to face each other and do a rear scale, holding each other's hands. Hold 2". Scales do not need to be horizontal for credit. However, if scales are below horizontal, execution deductions apply.</td> </tr> <tr> <td>...</td> <td></td> <td></td> </tr> <tr> <td>ID – I2 DV = 1.0</td> <td></td> <td>Both partners lie down and press up to bridge with straight legs. Feet may be together or apart. Athletes must show control.</td> </tr> <tr> <td>...</td> <td></td> <td></td> </tr> <tr> <td>ID – I3 DV = 1.0</td> <td></td> <td>Both partners perform two cartwheels. The first finishes sideways, the second finishes in lunge.</td> </tr> </table>		ID – I1 DV = 1.0		Both partners turn to face each other and do a rear scale, holding each other's hands. Hold 2". Scales do not need to be horizontal for credit. However, if scales are below horizontal, execution deductions apply.	...			ID – I2 DV = 1.0		Both partners lie down and press up to bridge with straight legs. Feet may be together or apart. Athletes must show control.	...			ID – I3 DV = 1.0		Both partners perform two cartwheels. The first finishes sideways, the second finishes in lunge.
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10	Level 5 Mixed Pair	
	ID – I1 DV = 1.0	 <p>2" Both partners turn to face each other and do a rear scale. Hold 2". Scales do not need to be horizontal for credit. However, if scales are below horizontal, execution deductions will apply.</p>
	...	
	ID – I2 DV = 1.0	 <p>Both partners lie down and press up to bridge with straight legs. Feet may be together or apart. Must show control.</p>
...		
ID – I3 DV = 1.0	 <p>Both partners perform two cartwheels. The first finishes sideways, the second finishes in lunge.</p>	
11	Level 5 Women's Group	
	ID – I1 DV = 1.0	 <p>Both partners perform two cartwheels. The first finishes sideways, the second finishes in lunge.</p>
	...	
	ID – I2 DV = 1.0	 <p>ALL partners lie down and press up to bridge with straight legs. Feet may be together or apart. Must show control.</p>
ID – I3 DV = 1.0	 <p>2" All stand and join hands; each partner performs a back scale. Scales may be performed in a circle or line. Hold 2". Scales do not need to be horizontal for credit. However, if scales are below horizontal, execution deductions apply.</p>	
12	Level 5 Men's Group	
	ID – I1 DV = 1.0	 <p>2" Base 2 and middle turn to face each other and do a rear scale; base 1 and top turn and face each other and do a rear scale. Hold 2". Scales do not need to be horizontal for credit. However, if scales are below horizontal, execution deductions apply.</p>
	...	
	ID – I2 DV = 1.0	 <p>All form a line facing the same direction, lie down, and press up to bridges with straight legs. Feet may be together or apart. Must show control.</p>
...		
ID – I3 DV = 1.0	 <p>Both partners perform two cartwheels. The first finishes sideways, the second finishes in lunge.</p>	

13	<p>Level 6 Requirements</p> <p>Difficulty:</p> <ol style="list-style-type: none"> 1. If all compulsory skills and individual elements are successfully performed, the difficulty score of the exercise is 10.0. 2. If a required skill/individual element is not performed, the difficulty is reduced by the element value as stated in the exercise description. 3. Pair/group skills and individual elements are worth 1.0 each.; individual elements are worth 0.4. <p>Individual Element Clarification:</p> <ol style="list-style-type: none"> 1. Individual elements must be chosen from the <i>FIG Tables of Difficulty</i> and be minimum value 1 (see page 5). choices provided for Levels 6, 7, and 8. Elements may not be chosen from the TOD. 2. Scales do not need to be horizontal for credit. However, if scales are below horizontal, execution deductions apply. 3. A 180° split in walkovers is not required and should not be taken as an execution deduction if not achieved. 4. For all levels, execution judges may take up to -1.0 in execution deductions on individual elements <i>in total</i>. 										
15	<p>Level 6 Women's Pair</p> <table border="1"> <tr> <td data-bbox="251 787 397 982">ID - I1 Diff = 1.0</td> <td data-bbox="397 787 1477 982"> <p>Agility OR Tumbling individual element - Each partner performs a minimum of 1 Agility OR Tumbling individual element (Tumbling pass with 2 or more elements in a series can fulfill this requirement)</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 tumbling elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p> </td> </tr> <tr> <td colspan="2" style="text-align: center;">...</td> </tr> <tr> <td data-bbox="251 1018 397 1144">ID - I2 Diff = 1.0</td> <td data-bbox="397 1018 1477 1144"> <p>Flexibility individual element – Each partner performs 1 flexibility individual element</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 flexibility elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p> </td> </tr> <tr> <td colspan="2" style="text-align: center;">...</td> </tr> <tr> <td data-bbox="251 1180 397 1306">ID - I3 Diff = 1.0</td> <td data-bbox="397 1180 1477 1306"> <p>Balance individual element – Each partner performs 1 balance individual element</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 static (balance) elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p> </td> </tr> </table>	ID - I1 Diff = 1.0	<p>Agility OR Tumbling individual element - Each partner performs a minimum of 1 Agility OR Tumbling individual element (Tumbling pass with 2 or more elements in a series can fulfill this requirement)</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 tumbling elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p>	...		ID - I2 Diff = 1.0	<p>Flexibility individual element – Each partner performs 1 flexibility individual element</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 flexibility elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p>	...		ID - I3 Diff = 1.0	<p>Balance individual element – Each partner performs 1 balance individual element</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 static (balance) elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p>
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16	<p>Level 6 Men's Pair</p> <table border="1"> <tr> <td data-bbox="251 1354 397 1549">ID - I1 Diff = 1.0</td> <td data-bbox="397 1354 1477 1549"> <p>Agility OR Tumbling individual element - Each partner performs a minimum of 1 Agility OR Tumbling individual element (Tumbling pass with 2 or more elements in a series can fulfill this requirement)</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 tumbling elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p> </td> </tr> <tr> <td colspan="2" style="text-align: center;">...</td> </tr> <tr> <td data-bbox="251 1585 397 1711">ID - I2 Diff = 1.0</td> <td data-bbox="397 1585 1477 1711"> <p>Flexibility individual element – Each partner performs 1 flexibility individual element</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 flexibility elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p> </td> </tr> <tr> <td colspan="2" style="text-align: center;">...</td> </tr> <tr> <td data-bbox="251 1747 397 1873">ID - I3 Diff = 1.0</td> <td data-bbox="397 1747 1477 1873"> <p>Balance individual element – Each partner performs 1 balance individual element</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 static (balance) elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p> </td> </tr> </table>	ID - I1 Diff = 1.0	<p>Agility OR Tumbling individual element - Each partner performs a minimum of 1 Agility OR Tumbling individual element (Tumbling pass with 2 or more elements in a series can fulfill this requirement)</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 tumbling elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p>	...		ID - I2 Diff = 1.0	<p>Flexibility individual element – Each partner performs 1 flexibility individual element</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 flexibility elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p>	...		ID - I3 Diff = 1.0	<p>Balance individual element – Each partner performs 1 balance individual element</p> <p>Each partner performs an individual element from the Level 6, 7, or 8 static (balance) elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.</p>
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17	Level 6 Mixed Pair	
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18	Level 6 Women’s Group	
	ID - I1 Diff = 1.0	Flexibility individual element – Each partner performs 1 flexibility individual element Each partner performs an individual element from the Level 6, 7, or 8 flexibility elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.
	...	
19	ID - I2 Diff = 1.0	Balance individual element – Each partner performs 1 balance individual element Each partner performs an individual element from the Level 6, 7, or 8 balance (static) elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.
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	ID - I3 Diff = 1.0	Balance individual element – Each partner performs 1 balance individual element Each partner performs an individual element from the Level 6, 7, or 8 balance (static) elements on p. 5 of the JO COP. Level 6 athletes may not choose from the TOD.

<p>20</p>	<p>Level 7 Requirements</p> <p>Difficulty:</p> <ol style="list-style-type: none"> 1. Level 7 exercises consist of seven to eight skills, depending on the event. Pair exercises consist of four balance skills, four dynamic skills, and three individual elements. Women’s Group and Men’s Group consist of three balance pyramids, four dynamic skills, and three individual elements. 2. Pair/groups select one skill from each row in the compulsory tables. The skills in columns A and B have the same value and either may be chosen. If all required skills and individual elements are performed successfully, the exercise has a difficulty score of 10.0. Pair/group skills and individual elements are worth 1.0 each. ; individual elements are worth 0.4. <p>Individual Element Clarifications:</p> <ol style="list-style-type: none"> 1. Individual elements must be chosen from the <i>FIG Tables of Difficulty</i>, meet the required characteristics, and be minimum value 1 (see page 5). the choices provided for Level 7 or 8. Elements may not be chosen from the TOD. 2. A 180° split in walkovers is not required and should not be taken as an execution deduction if not achieved. 3. For all levels, execution judges may take up to –1.0 in execution deductions on individual elements <i>in total</i>. 4. Be aware that choreographic lifts, rolls, and jumps do incur execution penalties if errors occur.
<p>27</p>	<p>Level 8 Requirements</p> <p>Difficulty:</p> <ol style="list-style-type: none"> 1. Pair balance/dynamic exercises consist of six balance/dynamic skills and three individual elements. Women’s Group balance exercises consist of three balance pyramids and three individual elements. Men’s Group balance exercises consist of three balance skills and three individual elements. Women’s and Men’s Group dynamic exercises consist of six dynamic skills, and three individual elements. 2. Compulsory and optional pair/group skills are chosen from the table of skills provided for each discipline. 3. Individual elements must be chosen from the <i>FIG Tables of Difficulty</i>, meet the required characteristics, and be minimum value 1 (see page 5). selected from the provided choices or from the TOD. If choosing balance/flexibility/agility elements from the TOD, those elements must be a minimum V3. 4. When selecting tumbling elements from the TOD for the dynamic exercise, three different elements are required must be selected, however there is no requirement for the elements to be connected in a series or no salto requirement with at least one of those elements a minimum V3. Two of the three elements must be connected. All athletes in a pair/group must perform the tumbling individual elements simultaneously or in immediate succession. One tumbling element may be repeated one time in an exercise. 5. If all required pair/group skills and individual elements are performed successfully, the exercise has a difficulty score of 10.0. Both pair/group skills and individual elements are worth 1.0.

<p>41 - 42</p>	<p>iii. In one exercise, identical skills or links (pair/group or individual) are credited for difficulty value and special requirements once only (EXCEPTION: Level 8 tumbling individual elements in dynamic exercises – see page 5).</p> <p>f. <u>Evaluation of Individual Elements</u></p> <p>i. Individual elements are valued if executed by each partner simultaneously or in immediate succession. Immediate succession means “without anything in between”, such as choreography other elements, etc. They get No credit is awarded if separated by any rated element or choreography. If one or more partners do not perform an individual element/series, the matching elements of the other partners are not credited. Execution deductions are taken.</p> <p>...</p> <p>v. Individual elements receive credit only one time per exercise. Each individual element ID # may be used only once in any one exercise (EXCEPTION: Level 8 tumbling individual elements in dynamic exercises – see page 5).</p> <p>...</p> <p>viii. Individual elements with static holds must be unsupported by partners and held for a minimum of 2".</p> <p>1. At Levels 7 and below, if the element is not held for a minimum of 1", the element is not credited and no short hold is taken.</p> <p>1. At Levels 5-7, if the element is held only for 1", the element is credited and the DJ applies a –0.3 short hold penalty. If it is held for less than 1", NO time-fault penalty is taken by the DJ but the element is not credited for difficulty or special requirements.</p> <p>2. At Levels 8 and above, if the element is held only for 1", the element is credited and the DJ applies a –0.3 short hold penalty. If it is held for less than 1", a time-fault penalty of –0.6 is taken by the DJ and the element is not credited for difficulty or special requirements. Deductions for individual elements are assessed per partner; therefore, applicable time-fault penalties apply per partner as well, up to the –1.0 maximum.</p> <p>3. Deductions for individual elements are assessed per partner; therefore, applicable time-fault penalties apply per partner as well, up to the –1.0 maximum.</p>								
<p>49</p>	<p>DJ Penalties</p> <table border="1"> <tr> <td data-bbox="256 1140 1068 1171">Individual static element held less than 2" for Levels 8–10 and IT</td> <td data-bbox="1068 1140 1474 1171">0.3 per second</td> </tr> <tr> <td data-bbox="256 1171 1068 1276">Individual static element held less than 1" for Levels 8–10 and IT</td> <td data-bbox="1068 1171 1474 1276">0.6 time fault No difficulty value No special requirement credit</td> </tr> <tr> <td data-bbox="256 1276 1068 1308">Individual static element not held for 2" for Levels 5–7</td> <td data-bbox="1068 1276 1474 1308">0.3 per second</td> </tr> <tr> <td data-bbox="256 1308 1068 1371">Individual static element not held for 1" for Levels 5–7</td> <td data-bbox="1068 1308 1474 1371">No difficulty value No special requirement credit</td> </tr> </table>	Individual static element held less than 2" for Levels 8–10 and IT	0.3 per second	Individual static element held less than 1" for Levels 8–10 and IT	0.6 time fault No difficulty value No special requirement credit	Individual static element not held for 2" for Levels 5–7	0.3 per second	Individual static element not held for 1" for Levels 5–7	No difficulty value No special requirement credit
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